



Caroline Medical Adult Day Services

Laboratory Tests

We are happy to provide laboratory services to our participants.

If you require lab tests to be completed at CMADC please follow these instructions:

1. Please send the lab request form to CMADC 2-3 days before the tests need to be done to assure that we have necessary supplies on hand to complete the test that you need. If we have to order special supplies for you, it may take several days to obtain the supplies.
2. If the test includes preparatory instructions (such as fasting), we need to give instructions to the participant and/or their care giver. We also need to know the time of the participant's last meal. For fasting tests, the participant can only have water for the fast and should only take non-diabetic medications that morning. Our nurse will clarify specific instructions when a date for the test is established.
3. Occasionally, our nurse is unable to successfully obtain the specimen. In that situation, the client will need to be taken to the Diagnostic Center, which may have to wait until their next day of attendance.

If you have specific questions, please contact our RN on duty at (410) 479-8065.

PPDs/Chest X-Rays

All participants are required to prove that they are free from tuberculosis prior to attending the CMADC. There are several ways to obtain PPDs. For a fee of \$18.00, you can obtain a PPD at the Caroline County Health Department Clinic (CCHDC). To schedule a PPD at the CCHDC, call (410) 479-8000. This is a two part process. You receive the PPD and then are instructed to return to the Clinic to have the test read 48 – 72 hours later.

You may also schedule a PPD at your primary care physician's office if they offer this service. Anyone who has had a positive PPD will need to obtain a Chest X-Ray. Your physician must give you an order for this to be completed at the Diagnostic Center. If you have had a Chest X-Ray within the past 12 months, and are not symptomatic, please forward the written report to CMADC.

**Denton Diagnostic Center
920 Market St.
Denton, MD 21629
410-479-3510**

**National Imaging Center
598 Cynwood Drive
Easton, MD 21601
410-819-3737**

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