



Caroline Medical Adult Day Services

POLICY, PROCEDURES & SERVICES:

HEALTH SERVICES NURSING POLICIES

The Caroline Medical Adult Day Care center will provide nursing services. The Caroline MADC has a full-time registered nurse. Services will be provided during the hours of operation with participants in attendance. Appropriate nursing services, may be delegated by the registered nurse to other staff, if supervised by the registered nurse.

NUTRITIONAL SERVICES

The Caroline Medical Adult Day Care Center will provide daily, at least one meal and snacks. All food served will be served in regard to each participants physician order.

CONSULTATION WITH PHYSICIAN

The Caroline Medical Adult Day Care nurse or designee will communicate as indicated with the participant's physician to report observed changes in health status, including reaction to medication, and to obtain current medical recommendations regarding such health services as diet and medications. Assistance in locating a regular source of health care shall be provided for participants needing a physician.

OBSERVATION

The Caroline Medical Adult Day Care staff will observe the health, functional status, and adherence to a prescribed medical regimen in a form as required by the Department.

EMERGENCY SERVICES

The Caroline Medical Adult Day Care will make arrangements and agreements with emergency care services. These arrangements will include availability of a physician, ambulance services, and emergency room care. All CMADC staff will be trained in First Aid and CPR.

ADL's – ACTIVITIES OF DAILY LIVING

The Caroline MADC will assist participants who need assistance and retraining with walking, bathing, dressing, feeding and using environmental aides to assist them in having greater independence within their particular home environment.

EXERCISE AND REST

MADC will provide the opportunity for physical exercise designed in relation to the participant's individual impairments and needs and will alternate with indicated rest periods.

DAY-TO-DAY COUNSELING

MADC will provide counseling to maintain communication with the participants and their families to solve day-to-day problems which confront the participants. Referrals to other community services will be made when appropriate with assistance by the MADDC staff to procure these services.

SOCIAL SERVICES

The MADDC licensed social worker will provide social work services to the participants. When social and emotional needs are identified in a participant's assessment the social worker will be consulted before the establishment of goals to meet those needs.

DIET MODIFICATIONS

MADC will provide special diets and other diet modifications as ordered by the participants' primary physician.

PERSONAL CARE SERVICES

MADC offers: hair care (shampoo and/or setting), nail care, showers, and/or shaves upon request.

REHABILITATIVE SERVICES

MADC will assist with rehabilitative services such as physical therapy, occupational therapy, and speech pathology provided indirectly, or directly by making arrangements with qualified personnel.

OTHER SPECIAL SERVICES

MADC will use, according to need Alcoholism counseling, Smoking Cessation, Podiatry, Dentistry, Nutrition counseling, and Health education.