

# Overdose Response

Xylazine is not an opioid, however, if someone is exhibiting signs of an overdose, naloxone should be administered. The overdose may have been caused by fentanyl or another opioid. In the case of overdose, follow these steps:

## 1 GET THEIR ATTENTION:



Firmly rub your knuckles up and down the middle of the person's chest. Check to see if the person is breathing and has a pulse. If a person doesn't arouse from stimulation then...

## 2 CALL 9-1-1:



Tell them your location and the person's symptoms.

## 3 GIVE NALOXONE (Narcan) if the person is not breathing:



- Remove device from package.
- Place tip of nozzle in their nostril until your finger touches the bottom of the person's nose.
- Press the plunger firmly to release the dose into the nose.
- Give a second dose if breathing is not restored within 2-3 minutes.

## 4 SUPPORT BREATHING:



Provide rescue breathing until the person is breathing on their own (at least 10-12 breaths per minute).

- Lay the person on their back.
- Tilt the chin back. Clear airway.
- Pinch the person's nose closed and cover their mouth with your mouth.
- Blow 2 regular breaths, then give 1 breath every 5 seconds.
- Do chest compressions if you are trained in CPR.

## 5 RECOVERY POSITION:



Roll the person on their side with hand supporting head and bench knee supporting their body from rolling over.

## 6 CARE FOR THE PERSON:



Stay with the person until medical help arrives. If the person is unable to move on their own, rotate them to the opposite side in the recovery position every hour and keep their skin as clean as possible.



**USED YOUR NALOXONE?  
LET US KNOW!**

Scan to report naloxone use.