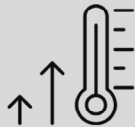






# FALL 2023 VACCINES

	What are the options?	Who is eligible?	How well do they work?	When should I get it?
<b>INFLUENZA</b>	 <p>A shot that targets 4 strains of seasonal flu</p>	6 months and older	Reduces the risk of going to the doctor by 53%	October is ideal, as vaccine protection wanes over a season
<b>COVID-19</b>	 <p>Updated vaccine formula targeting XBB - an Omicron subvariant</p> <p>Options: Moderna and Pfizer (mRNA). Novavax (protein) available soon</p>	6 months and older	Last year, the fall COVID-19 vaccine provided 40-60% additional effectiveness against severe disease	<p>Protection against <b>severe disease</b>: Get now</p> <p>Protection against <b>infection</b>: Best to get it right before a wave, which can be challenging to time</p> <p><b>Recently infected?</b> Wait at least 3-4 months</p>
<b>RSV (OLDER ADULTS)</b>	 <p>2 options: GSK and Pfizer. They are slightly different in design, but only at a microscopic level</p>	60 years and older	82-86% efficacy against severe disease	Now; no need to juggle timing as protection is durable
<b>RSV (PREGNANCY)</b>	 <p>Pfizer is actively seeking approval</p>	Pregnant people (then protection will pass to baby for protection in first 6 months of life)	82% efficacy in preventing hospitalization in first 3 months of life. 69% efficacy after 6 months	It's not available yet but once approved, get at 24 to 36 weeks of pregnancy
<b>RSV MONOCLONAL ANTIBODY</b>	 <p>This is not a vaccine (doesn't teach the body to make antibodies) but rather a proactive medication (provides antibodies)</p>	All infants <8 months. High-risk infants 8-19 months	Reduces risk of hospitalization and healthcare visits by ~80%	<p>Will be available soon.</p> <p>Protection lasts 4-6 months</p>